

# City of Bolivar Parks and Recreation Department's Concussion Policy

1. Concussion information compiled from the Center for Disease Control (CDC) concerning the nature, risk, and symptoms of concussion and head injury must be reviewed by the players, officials and parents or guardian before participating in any activity and sign off on the Concussion and Head Injury Information Sheet and return it to the P & R administrators. This must be done annually or prior to participation.
2. All administrators, game facilitators and coaches must complete one of these free courses. The NFHS course on Concussion in Sports – What You Need to know or the CDC course Heads Up-Concussion in Youth Sports. This must be done annually or prior to participation.
3. Any player or participant who exhibits signs, symptoms or behaviors consistent with a concussion such as loss of consciousness, headache, dizziness, confusion or balance problems, shall be immediately removed from that game and shall not return to play until cleared by a licensed health care professional.
4. Any player or participant that is removed from an activity because of concussion symptoms must be cleared and the Concussion Return to Play Form shall be completed and signed by a licensed medical doctor, osteopathic physician, or clinical neuropsychologist with concussion training before that player can participate in practice or games.
5. All documentation shall be kept on file for a period of three years.
6. Above information, documents and forms can be found on the City of Bolivar website.

Note: Information can found on these web sites.

[www.cityofbolivar.com](http://www.cityofbolivar.com)

<http://health.state.tn.us/TBI/concussion.htm>

[www.cdc.gov/concussion/HeadsUp/Youth.html](http://www.cdc.gov/concussion/HeadsUp/Youth.html)